If you find yourself in a situation where you absolutely must use someone else’s works or they must use yours, you can reduce the likelihood of disease transmission by carefully cleaning the equipment before you use it.

Follow these instructions carefully:

1. Rinse your syringe with cold water several times. If you’re using a detachable needle and syringe, you might want to take the equipment apart to clean it more thoroughly.

2. Flush the syringe with undiluted bleach. Be sure to fill the syringe all the way up. Keep the bleach in the syringe for a full two minutes while shaking it. Discard the bleach.

3. Thoroughly rinse the needle and syringe with clean, cold water to remove any remaining bleach. Discard the water.
TIPS & TRICKS

If you do not have bleach, you can substitute hydrogen peroxide, a solution of dish washing liquid and water, or rubbing alcohol. Use high proof drinking alcohol, such as vodka or rum, if it’s all you’ve got.

IMPORTANT!

In order for bleach to kill Hepatitis B that might be in the syringe and/or cooker, you must leave the bleach in the syringe and cooker for a full two minutes. It is unclear whether bleach kills Hepatitis C, even after two minutes. This should also kill any HIV that might be in the equipment. (30 seconds is believed to do this.)

Be sure to clean the cooker with bleach if it’s going to be shared. Split whatever cotton you have in two before you use it. Remember that sharing water is one of the most efficient ways to pass on or contract a virus.

HOW TO CLEAN YOUR RIGS

If you can’t get a new rig, here is how to clean your equipment.

Rinse out the blood (you may not be able to see the blood).

- Soak our spoon (cooker) in water and shake it.
- Fill up the syringe with water.
- Tap or shake the syringe for 30 seconds.
- Empty the syringe & repeat with new water.

Disinfect the syringe with pure bleach.

- Soak our spoon (cooker) in bleach and shake it.
- Fill up the syringe with bleach.
- Tap or shake the syringe for 30 seconds.
- Empty the syringe & repeat with new bleach.

Rinse the syringe with fresh water.

- Soak our spoon (cooker) in water and shake it.
- Fill up the syringe with water.
- Tap or shake the syringe for 30 seconds.
- Empty the syringe & repeat with new water.

Thanks to our partners at: harm reduction coalition